Career Videos Discussion Guide

Instructions and purpose: Exploring profiles of different jobs is a simple way to learn about various career paths. Watch career video profiles at CareerOneStop.org and discuss these profiles with your mentor.

Visit the Website
CareerOneStop.org offers video profiles of jobs at various skill and experience levels for many different industries. Go to http://tinyurl.com/CarVids to view the videos.

Watch the Videos
Watch career video profiles for jobs that interest you with your mentor, and discuss the following questions.

• What kinds of activities does a [Job Title] do that interest you the most? Why?
• What kinds of activities does a [Job Title] do that interest you the least? Why?
• What parts of this job might be the hardest? The most fun?
• How does this job fit your career priorities?
• What skills do you have that would help you succeed in this occupation? What skills do you need to develop?
• What training, education, and additional job experience do you need for this job?
• Where does this job fall on a career ladder? What work experience do you need to get this job?
• What kinds of jobs within the same industry can you get later on?

More Research
Use CareerOneStop.org to answer the following questions:

• Where can you get the postsecondary education or credentials needed for this job?
• What local employers in this field are in your local area? What opportunities are there for you to have an internship or to find an entry level job in this industry?