

## Activity Ideas for YouthBuild Mentors and Mentees

There is an endless variety of activities matches can do together. The best option is to choose activities suggested by the young person, but sometimes mentors need to make suggestions. Here are just a few mentoring activities that are developmentally appropriate for most YouthBuild students.

- Take a walk through the mentor's community; take a walk through the mentee's community
- Work on employment applications
- Explore financial aid options for college
- Go hiking
- Talk about planning a career
- Give a tour of your current workplace
- Plan a "college work" day (work on college applications, visit a college)
- Attend a concert
- Work on a resumé
- Learn about financial management by opening a bank account or cleaning up a credit rating
- Talk about balancing work and life
- Attend a sporting event or movie
- Go holiday shopping
- Attend a leadership or professional conference together
- Visit a local vocational-technical school
- Engage in leadership development activities (e.g., a ropes course)
- Cook a meal with a group of other mentors and mentees
- Attend or participate in a local sporting event
- Shop for groceries, compare nutrition facts and prices
- Build a model car or airplane
- Develop a business plan
- Restore an old car
- Plan a tag football game with other mentor and mentee matches
- Plan a volunteer or fundraising project with other matches
- Plan a barbeque or picnic
- Attend a mentor recognition dinner
- Make a music video or home video to submit to a contest
- Visit your local library and get a library card
- Attend a local neighborhood council meeting or school board meeting