

Taking Ownership Interview Guide

Instructions and purpose: Interview your mentor, YouthBuild staff or alumni, family members, or someone else you admire to see how they took ownership of their lives when they faced a major life transition like going to college. To help them to prepare for your conversation, let them know in advance that you want to talk about a time in their life when they successfully managed a big life transition to learn from their lessons and strategies. Ask the questions in the order that makes most sense for your discussion. As you listen to the person you are interviewing note strategies below.

| Discussion question | Strategy |
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| Can you tell me about a time in your life when you made a big life transition? | |
| How did you feel? | |
| What steps did you take? | |
| What made the most difference to you in managing your transition successfully? | |
| What challenges did you face? How did you manage them? | |
| Looking back, is there anything you would have wanted to do differently? If so, what? | |
| Did you receive support from others? If so, how did you access their support? | |
| What lessons did you learn? | |
| Do you have any additional advice for me? | |