

YBM FOREVER

YouthBuild Mentoring Track Days & Training

Tuesday, January 29th and Wednesday, January 30th, 2019
Renaissance Hotel, Washington, D.C. - Meeting Rooms 13 and 14

Tuesday, January 29, 2019 - Day One: 8:00 AM – 5:00 PM

8:00 am: [Registration](#)

- Sign in on your attendance sheet, collect a grab bag and complete a name badge.

8:30 am - 9:00 am: YBMENTORING ([Wakanda](#)) FOREVER - Welcome and Introduction

- The theme of the YouthBuild Mentoring (YBM) Track Days will be discussed; the agenda and logistics will be reviewed. Participants will have a chance to introduce themselves and participate in the #SELFIECHALLENGE! You are encouraged to share your pictures with Corey Manning. You could be featured on tomorrow's slide show! Tweet to @YBUSAA #YBMentoring. Text questions/comment/concerns to 617-863-2454.

9:00 am - 11:00 am: Witness the [Water Fall Warrior](#) - YBM Elements of Effective Practice

- During this workshop, we will examine the Elements of Effective Practice in the context of the YouthBuild Mentoring (YBM) model. We will take the elements, refine them within the context of the YBM model, and talk about how they should be applied within the core elements. We will also touch on how to integrate them into a local YouthBuild Program, using the YBM models, such as 1-1 or the Group/BRIDGE curriculum.

10:30 am- 10:40 am: BREAK

10:40 am - 12:00 pm: Doesn't have to Be a [Casino Brawl](#) - YBM Mentor/Mentee Legacy Activities

- During this session programs will learn not only how to design activities that will have the best impact in terms of strengthening the mentor/mentee bond, but will learn how to build a Dream Session. We will discuss how an activity can become a Legacy Activity at your local YouthBuild Programs, how to help to build a League of Mentees/Mentors, and how to utilize Mentor/Mentee Activities to Recruit and Build Sustainability. We want you to have the best chance of OJJDP/YBM approval!

12:00 pm - 1:00 pm: LUNCH

1:00 pm - 2:00 pm: [Enter the Jabari](#) - Building Your YBM Network

- This session will provide attendees with the opportunity to share and receive information, tools and resources that will help them address challenges, as well as enhance best practices, defining who they are and developing partnership within their community.

2:30 pm - 4:00 pm: [Burn It All: DRUGS: Just Say Why vs. Just Say No](#)

- Participants will learn how to prep mentors on how to talk to their mentees about delaying the use of drugs including alcohol, how to talk to mentees about their drug use, and how to respond if a mentee asks if a mentor has used drugs before. Conversation will touch on how a mentor talks to a mentee if drug abuse is a part of his/her family. We will also discuss healthy alternatives to getting high.

3:45 pm - 4:00 pm- BREAK

YBM FOREVER

YouthBuild Mentoring Track Days & Training

Tuesday, January 29th and Wednesday, January 30th, 2019
Renaissance Hotel, Washington, D.C. - Meeting Rooms 13 and 14

4:00 pm - 4:45 pm: [Killmonger vs. T'Challa](#) - Role and Responsibility of Your YBM Coach

- From this session, participants will gain a clear understanding of the goals, purpose and need of coaching calls/coaching. We will talk about how to use these calls as a resource and what is to be expected from all parties involved.

4:45 pm - 5:00 pm: Close out

Wednesday, January 30, 2019 - Day Two: 8:00 AM - 5:00 PM

8:30 am - 9:00 am: Welcome and Introduction (sign your attendance sheet).

9:00 am - 10:30 am: [All The Stars](#) - Cultural Competency

- This will be a participant discussion centered around cultural competency issues that may arise as a coordinator builds their mentoring program. It will touch on how to train mentors and educate staff on cultural issues that impact YouthBuild students. In addition, participants will leave this session with tools and exercises that can be integrated into student, mentor, and staff trainings around cultural competency areas.

11:00 am - 12:30 pm: We Could Have Been [Killmonger](#) - Mentoring Youth With Trauma

- Trauma-Informed + YOU is an engaging, transformative, conversation based workshop that will provide participants with an evidence-based (SAMHSA) Trauma Informed Care framework, which aims to shift the mindset and equip participants with the ability to recognize and acknowledge trauma, starting with a foundation of compassion and empathy. Trauma-Informed + YOU will help participants identify the resources and tools that are available within their network and begin the critical conversation around the fundamental ways program staff and mentors can create safe and brave spaces for addressing unresolved trauma and develop and nurture healthy mentoring relationships.

12:30 pm - 1:30 pm: LUNCH

1:30 pm - 2:30 pm: [Pray For Me](#) - Utilizing YBM to Promote Successful Transitions

- This session will provide attendees with the opportunity to share and receive information, tools and resources that will help them address the challenges, as well as enhance best practices, of placing and retaining opportunity youth into the workforce/post-secondary education.

2:30 pm - 2:45 pm: BREAK

2:45 pm - 4:00 pm: Are You on [X](#) Yet? Mentoring Program Evaluation and Sustainability

- This workshop will explore techniques that will assist you with evaluating the effectiveness of your mentoring program; and will discuss ways to embed qualitative and quantitative data into development and fundraising efforts for long-term mentoring program sustainability.

4:00 pm - 5:00 pm: [YOUTHBUILD MENTORING FOREVER!!](#) - Parking Lot (Q/A)

- We will address Parking Lot questions (general Q&A), touch on YBMTD evaluations, discuss the logistics for the National Mentoring Summit, and Close out.