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Medicine Board Review Fundamentals of Geriatric Pharmacotherapy Fast Facts About Pressure Ulcer Care for Nurses *Clinical Manual of Geriatric Psychopharmacology* *Fast Facts: Multiple Myeloma and Plasma Cell Dyscrasias*
Fast Facts for the Faith Community Nurse Fast Facts: Dementia Fast Facts: Bladder Disorders **Fast Facts: Postmenopausal Osteoporosis** *Economic and Social Justice* **Fast Facts: Postmenopausal Osteoporosis**
Essential Facts in Geriatric Medicine *Fun Facts to Engage Students* Inflammatory Bowel Disease **Providing Healthy and Safe Foods As We Age** **Fast Facts: Multiple Sclerosis** **Adult-Gerontology Nurse Practitioner Certification** **Intensive Review** Hypertension Fast Facts about the Gynecologic Exam for Nurse Practitioners *Fast*

Facts for the Medical- Surgical Nurse Fast Facts for Dementia Care, Second Edition **Fast Facts: Epilepsy in Adults** Oxford American Handbook of Geriatric Medicine

since the last edition of this book no evidence of disease activity neda has been proposed as a new treatment target early data on the first pharmacological treatments for progressive ms have emerged and the first remyelination trial has shown positive effects on nerve repair it is with this sense of optimism that the authors of fast facts multiple sclerosis have detailed the latest developments for use in clinical practice by all members of the multidisciplinary team including a concise overview of investigations and modern diagnostic criteria a holistic approach to all signs and symptoms and proactive relapse management the latest disease modifying drugs including when to treat choice of drug and risk versus benefit with case histories that will help to guide treatment decisions discussion of the special considerations for ms during pregnancy and in children and the elderly and a detailed outline of emerging therapies this book will benefit all healthcare professionals involved in the care of patients with this complex disease despite the availability of many effective treatments there remains a therapeutic nihilism associated with brain tumors this highly readable second edition of fast facts brain tumors challenges this view starting from the premise that patients with brain tumors can truly benefit from a thoughtful multidisciplinary approach this comprehensive handbook covers all the salient features of the various brain tumors and treatment modalities in a way that will be useful to the practicing clinician advances in radiology and pathology that have

led to more precise and detailed diagnoses developments in molecular biology and imaging techniques that have improved available diagnostic modalities new neurosurgical techniques that have enabled operations on tumors that were previously considered inoperable novel delivery systems that allow various treatments to reach tumors that are otherwise protected by the blood brain barrier this fully updated edition of fast facts brain tumors bridges the gap between primary care providers whose role is pivotal in tumor detection and subsequent patient care and first level specialists such as general neurologists and neurosurgeons its key message is that selection of the best initial approach for an individual patient will result in the best overall outcome both in terms of survival and quality of life fast facts brain tumors is specifically for the primary care physician whose role is pivotal in tumor detection and subsequent patient care contents classification and epidemiology diagnosis treatment brain metastases gliomas meningiomas neuronal tumors pineal region tumors skull base tumors primary central nervous system lymphoma brain tumor syndromes and tumor like cysts geriatric neuro oncology useful resources written by leading american practitioners the oxford american handbooks of medicine each offer a pocket sized overview of an entire specialty featuring instant access to guidance on the conditions that are most likely to be encountered precise and prescriptive the handbooks offer up to date advice on examination investigations common procedures and in patient care these books will be invaluable resources for residents and students as well as a useful reference for practitioners the oxford american handbook of geriatric medicine is the essential ready reference to

effective geriatric practice written in a concise accessible style the handbook covers the entire range of diseases and disorders commonly encountered in the care of older adults and offers easily accessible how to information to facilitate basic geriatric care decisions guidance is offered concerning both ethical and clinical decision making along with evidence based information on key topics as well as insight into balancing competing priorities in the older patient tables and algorithms provide step wise instruction for evaluation and management this is a must have resource for all clinical settings why choose the oxford american handbook of geriatric medicine the design the handbook uses a unique flexicover design that s durable and practical compact light and fits in your pocket also has quick reference tabs four color presentation and bookmark ribbons to help provide fast answers the interior layout the handbook is a quick reference in a small innovative package with one to two topics per page it provides easy access and the emergency sections are in red to stand out icons throughout aid quick reference the information the handbook succinctly covers all the essential topics in a one or two page spread format with colored headings that break up the text and provide a logical structure for readers of all levels common clinical questions are answered clearly and extensively the history oxford university press is known around the world for excellence tradition and innovation these handbooks are among the best selling in the world the price you get an extremely useful tool at a great value heart failure is a serious public health problem that has an enormous effect on individuals and families as well as healthcare budgets around the world written with the non specialist in mind

fast facts heart failure provides a concise discussion of the pathophysiological mechanisms that lead to heart failure a detailed review of the causes and comorbidities of heart failure simple advice on diagnosis and investigation clear management principles including healthy lifestyle choices for patients evidence based guidance on first and second line drug therapies and medical management that targets the underlying cause a comprehensive overview of non pharmacological treatment options including devices and transplantation important information on palliative care in end stage heart failure this compact handbook distills a lot of complex information into a highly digestible practical format clear informative diagrams and useful pull out tables complement the text and a list of key points and references for further reading are provided at the end of each chapter it is an ideal resource for primary care providers specialist nurses and cardiology trainees and a good introduction to heart failure for all healthcare professionals who care for the elderly

inflammatory bowel disease ibd comprises two idiopathic chronic relapsing and remitting inflammatory disorders of the gastrointestinal tract ulcerative colitis and crohn s disease understanding of the etiopathogenesis of ibd and how best to treat it continues to advance rapidly and has led to the need for this new edition chapter 1 has been substantially revised emphasizing recent data that indicate how the gut microbiome and its human host may interact to cause ibd in genetically susceptible people in later chapters the latest thinking on how best to use immunomodulatory and biological drugs is discussed along with new sections on recently introduced and imminent therapies this book is aimed at non specialist doctors particularly primary care

providers and hospital doctors in training nurses stoma therapists dieticians psychologists counselors social workers and other professionals involved in the care of patients with ibd contents etiopathogenesis clinical features and intestinal complications extraintestinal manifestations and complications diagnosis drugs used to treat ibd principles of management medical management of ulcerative colitis medical management of crohn s disease surgery ibd in pregnancy childhood and old age prognosis medical issues typically presented by seniors disabilities that accompany the aging process and nursing home situations are addressed throughout so as to give clinicians the facts they need to work with elderly clients all major drug classes receive comprehensive coverage antidepressants antipsychotics anxiolytics mood stabilizers and cognitive enhancers for each class sadavoy addresses the impact that changes in human physiology have on the standard directives for prescription and the necessary warnings regarding side effects and cross indication a wide range of disorders is addressed with particular emphasis on disturbances and disorders that are encountered when treating the mental health of the elderly alzheimer s disease and other forms of dementia behavioral disturbances anxiety and depression mania and other mood disorders and various forms and presentations of psychosis the comprehensive presentation of dispensing directions is rigorously based on the most current research and accepted clinical practice psychotropic drugs and the elderly fast facts is organized in the same format as norton s other titles in the highly successful fast facts series with individual chapters devoted to classes of medications and all critical

information presented in easy to read tables and charts with authoritative content and a well planned presentation this handy guide is essential reading for physicians psychogeriatricians and all mental health professionals who treat the elderly a guide for doctors to quickly choose the right drugs in the right dose for the most important clinical problems in the elderly prescribing medications for elderly patients is complex this book gives clear advice on treatment regimes drug interactions adverse effects and recommended dose changes provides practical help with the problems that can arise in reaching an accurate diagnosis in the elderly recommends clear treatment options lists key drug interactions and side effects and advises when to amend doses i found this book extremely helpful and loved the fast facts notes exam tips and clinical tips while other exam prep courses had great content your book helped me to think more like a np and pull it all together i would highly recommend your book to any adult gero np student or graduate it deserves 5 stars t maria jones ms agpcnp bc cwocn dapwca fmnli praise for the first edition this is a well written comprehensive review aimed at preparing readers for successfully completing a board certification exam this is a wonderful comprehensive review in a concise study guide format doody s medical reviews the second edition of this acclaimed anp review continues to promote efficient time saving study by synthesizing the key content needed to pass the np certification exam into a concise well organized format using test taking strategies meticulously developed by the author the review provides unique question dissection techniques targeted key content review 600 extensive practice questions and detailed

current exam information in a fast facts style this second edition includes an extensive new section on geriatrics that encompasses body metabolic changes common disorders and hospice ethical considerations the book also presents an expanded intensive pharmacology review 100 new exam questions and is the only review to offer a new research chapter providing elements of research needed for e b practice the book reviews the complete adult lifespan from adolescence on and covers non clinical content including ethics medico legal issues advanced practice law and reimbursement guidelines the review of primary care disorders is organized by body system the content is applicable for certification exams for both the ancc and the aanp this book is also a great companion to the anp certification review app coming soon for your iphone or ipad new to this edition reorganized for greater ease of use provides extensive new section on geriatrics covering body metabolic changes common disorders and hospice ethical considerations contains expanded intensive style pharmacology review presents elements of research needed for e b practice includes 100 new questions for a total of 600 high yield questions why use this review delineates strategic question dissection techniques for test success developed by the author a leading provider of exam preparation education for over 20 years provides precisely targeted content review offers 600 extensive practice questions and detailed exam information includes exam tips and clinical tips help to prioritize the author s company arnp services inc has helped thousands of nurses pass their certification exams nationwide it s the only book to present elements of research needed for e b practice it s a great companion to

the forthcoming and certification review and the term bladder disorders encompasses a number of lower urinary tract dysfunctions and abnormalities that negatively affect quality of life some can cause considerable morbidity and even mortality three internationally recognized authors with different areas of expertise a leading British urogynecologist a chief of urology listed as one of America's best doctors and an American continence expert have ensured that this second edition of fast facts bladder disorders is internationally relevant to the non specialist working within a multidisciplinary team based on robust evidence and clinical experience and supported by superb illustrations this fact filled handbook covers everything you will need to recognize the symptoms and signs of a wide range of bladder disorders from urinary incontinence to hematuria to UTIs it also provides an excellent overview of basic pathophysiology and will help practitioners initiate screening and assessment and where appropriate treatment contents anatomy and function of the urinary system assessment urinary incontinence the overactive bladder and urgency incontinence voiding problems hematuria urinary tract infections and cystitis nocturnal symptoms neuropathic bladder dysfunction special considerations useful resources fractures resulting from osteoporosis are increasingly common in postmenopausal women resulting in substantial bone associated morbidities and increased mortality and healthcare costs despite well established treatment guidelines there is an urgent need to improve the recognition of women at high risk for fracture and their treatment fast facts postmenopausal osteoporosis provides an overview of current clinical guidelines and addresses the reasons cited

for suboptimal fracture prevention finally but importantly best practice regarding patient support is described this concise educational resource is ideal for any primary care practitioner involved in the diagnosis and treatment of patients with postmenopausal osteoporosis table of contents age related changes affecting bone epidemiology screening and estimating risk diagnosis and assessment pharmacological management non pharmacological management patient support fun facts to engage students questions to inspire thinking and learning includes hundreds of multiple choice true false fill in the blank and open ended questions that provide an opportunity for readers to test their knowledge of myriad topics and learn along the way topics include history science arts technology and entertainment on december 10 1998 the world celebrated the 50th anniversary of the united nations universal declaration of human rights udhr the u s constitution possesses many of the political and civil rights articulated in the udhr the udhr however goes further than the u s constitution including many social and economic rights as well this book addresses the social and economic rights found in articles 16 and 22 through 27 of the udhr that are generally not recognized as human rights in the united states the book begins with a brief history of economic social and cultural rights as well as an essay in question and answer format that introduces these rights although cultural rights are interrelated and of equal importance as economic and social rights the book primarily addresses justice regarding economic and social problems after an introduction the book is divided into the following parts 1 economic social and cultural rights fundamentals 2 activities and 3 appendices the nine

activities in part 2 aim to help students further explore and learn about social and economic rights the appendix contains human rights documents a glossary of terms a directory of resource organizations and a bibliography of 80 web sites publications and referrals to assist those eager to increase their understanding of and or move into action to address economic and social rights

bt tarascon palliative medicine pocketbook is the only shirt pocket sized quick reference for guiding those difficult conversations with patients and family members who require palliative and hospice care practitioners will find helpful ideas as well as guidance on managing difficult to control symptoms whether practicing in a busy clinic making home visits or managing the hospitalized patient containing communication skill techniques prognostication tools symptom management options and ethical issues this one of a kind portable guide is an ideal tool for any member of the palliative medicine team including physicians nurses social workers chaplains pharmacists and more

communication and swallow changes in healthy aging adults compiles and presents the available research on healthy aging adults performance and abilities in the following areas auditory comprehension reading comprehension speaking writing voice and motor speech abilities cognition and swallowing this text also presents principles from the world health organization s international classification of functioning disability and health and its applications to aging adults one of the first texts to cover these principles this book will address the need for a comprehensive view of communication and swallow issues in aging for students of speech language pathology speech language pathologist students will learn

how to fully compare what would be considered normal for their elderly patients rather than overestimating or underestimating what aging adults are capable of doing knowing what would be considered within the spectrum of normal will help speech language pathologists to address therapy as effectively as possible having this information at hand is particularly important as the nation's population is aging at a rapid rate and there is a need for evidence based practice in speech language pathology written in an easy to follow format communication and swallow changes in healthy aging adults includes original research data discussion questions and a list of quick facts at the end of each chapter to summarize key points this text will serve as a useful resource as students see elderly clients in on campus speech and hearing clinics and when they intern at hospitals and long term care facilities instructor resources powerpoint slides and an image bank testimonial communication and swallowing changes in healthy aging adults is a handy text portable and logically organized the information is easy to follow complimented by information presented in tables charts this text would be helpful to a practicing therapist when making a differential diagnosis between a normal vs atypical aging process communication and swallowing changes in healthy aging adults would be an appropriate text for courses in communications disorders departments for graduate students in a neuro course or a neurogenic communication disorders course and in lifespan development courses as in the field of psychology and gerontology susan durnford m s ccc slp clinical assistant professor department of speech language pathology audiology ithaca college ulcerative colitis and crohn s

disease referred to collectively as inflammatory bowel disease ibd are chronic debilitating disorders ibd particularly crohn s disease is increasing everywhere most notably in the western world where about 1 in 200 people now has the condition this highly readable zippy fourth edition of fast facts inflammatory bowel disease provides succinct yet thorough information that will aid early recognition of these disorders and their complications alongside practical holistic management advice so what s new in this edition increased insight into the causes of ibd new chapters on extraintestinal manifestations and management principles key information on the limitations and side effects of traditional treatment options new and emerging drugs that target specific inflammatory pathways an overview of specific management issues in elderly patients with important emphasis on the doctor patient relationship and effective multidisciplinary services fast facts inflammatory bowel disease is an invaluable resource for all primary care providers hospital doctors in training nurses stoma therapists dieticians psychologists counselors and social workers in fact all health professionals involved in the care of patients with ibd as well as patients who wish to know more about their condition using the easy to read quick access fast facts style the book presents guidelines for assessing preventing and treating pressure ulcers for establishing an ulcer reduction program and for increasing reimbursement medical surgical hickman has developed a great resource for nurses practicing in a faith community or who want to implement a program this is an easy to use tool offering quick access to good information and insights for fc
practice journal of christian nursing faith community

nursing integrates traditional nursing care with the spiritual and emotional needs of individuals as they strive to achieve wellness this easy to use resource for busy nurses provides succinct clinically based coverage of the faith community nursing practice it is based on the american nursing association's ana scope and standards for practice of faith community nursing and presents the core concepts for establishing maintaining and evaluating a nursing practice within a community of faith the book explains how to assess a faith community and design implement and evaluate nursing programs that meet the needs of its different populations across the life span it explores various faith community nursing models along with their legal and ethical considerations and the different roles available for faith community nurses meeting special needs within faith communities acute care chronic care palliative care grief and loss is addressed as is serving its wide variety of vulnerable populations elderly impoverished etc the foundations and practice of faith community nursing are also presented within the context of different faiths including christianity judaism islam hinduism and buddhism ideal in a clinical setting this book will also be of value as a quick refresher for certifying as a faith community nurse key features a consistent easy to use pocket sized format with bulleted lists for quick access to content provides tools for designing programs for such diverse issues as grief loss chronic devastating illness palliative care mental illness domestic violence and substance abuse addresses faith community nursing practice within christianity judaism buddhism islam and hinduism includes management and leadership tips that can be immediately put to use presents legal and ethical

considerations as the first of the nation's 78 million baby boomers begin reaching age 65 in 2011 they will face a health care workforce that is too small and woefully unprepared to meet their specific health needs retooling for an aging america calls for bold initiatives starting immediately to train all health care providers in the basics of geriatric care and to prepare family members and other informal caregivers who currently receive little or no training in how to tend to their aging loved ones the book also recommends that medicare medicaid and other health plans pay higher rates to boost recruitment and retention of geriatric specialists and care aides educators and health professional groups can use retooling for an aging america to institute or increase formal education and training in geriatrics consumer groups can use the book to advocate for improving the care for older adults health care professional and occupational groups can use it to improve the quality of health care jobs okay boomer are you ready to get out of your chair challenge your mind and have some fun in the process if so then open up the pages of i remember that captivating stories interesting facts and fun trivia for seniors and embark on this epic trivia challenge that was written specifically for your generation you'll take an engaging stroll down memory lane to test just how much you remember from the biggest moments in history pop culture and science from the first four decades after world war ii but if you're not a boomer don't worry you'll also have fun playing along if you're from a younger generation but want to learn a little about the world your parents or grandparent grew up in then this is a good place to start you don't have to start in the beginning and go to the end if 70s pop culture is your

thing then you can just read that or if you want to learn about how grandma rocked a beehive hairdo in the 60s then you can start there there's really no right or wrong way to read I remember that but just remember to have fun in this book you will find out the answers to some of these questions how did the internet go from a military project to the universities in the 1980s when did Elvis Presley perform on the Ed Sullivan show what ever happened to 8 track tapes who was Lewis Urry and what did he have to do with flashlights and portable radios how and when did the Berlin wall go up I remember that is divided into four chapters for each decade with each chapter divided into subsections of history pop culture and science at the end of each subsection is a ten question quiz that you can play with your friends and family there is also a did you know page at the end of each subsection that adds a few more interesting tidbits to the subject

hypertension is a highly treatable risk factor for cardiovascular disease yet it remains underdiagnosed undertreated and in many cases poorly controlled sometimes dubbed the silent killer hypertension rarely produces symptoms until it manifests as a heart attack or stroke early identification of the condition by routine blood pressure measurement and appropriate ongoing management are therefore vital in this updated fourth edition of *Fast Facts: Hypertension* two authors of international renown provide a practical evidence based approach to the diagnosis and management of the condition the book provides a thorough overview of hypertension covering accurate measurement of blood pressure and problems such as white coat hypertension routine assessments for people with high blood pressure

consideration of other modifiable risk factors smoking high cholesterol levels etc non pharmacological measures that doctors can advise on reduce salt lose weight increase physical activity etc up to date trial results on all the pharmacological options special considerations for the treatment of children pregnant women the elderly and patients with diabetes primary care physicians have a leading role to play in screening for hypertension and ensuring that patients receive the most appropriate treatment fast facts hypertension provides a concise readable refresher on this common and potentially devastating condition our understanding of multiple myeloma mm is growing at a formidable pace particularly in terms of risk factors and potential drug targets minimal residual disease mrd negativity is set to become the new benchmark in treatment and cytogenetic analysis is now paving the way for personalized therapies this second edition of fast facts multiple myeloma and plasma cell dyscrasias includes the new imwg slim crab criteria the latest advances in diagnostic tests and imaging cytogenetics and genetic profiling induction therapy prior to sct new lenalidomide and bortezomib based regimens second generation proteasome inhibitors histone deacetylase inhibitors and monoclonal antibodies treatments this fast facts handbook provides a comprehensive overview of mm and other plasma cell dyscrasias from bench to bedside presenting the pathogenesis diagnosis and treatment in the context of daily clinical practice contents epidemiology and etiology predisposing conditions associated with mm pathophysiology of mm and mgus diagnosis staging and monitoring of multiple myeloma genetics and multiple

myeloma treatment of newly diagnosed multiple myeloma stem cell transplantation in multiple myeloma relapsed and refractory multiple myeloma bone disease and renal complications al amyloidosis rare plasma cell dyscrasias supportive care fast facts epilepsy is a succinct and practical aid to the diagnosis and treatment of seizure disorders contents include the diagnostic essentials classification of seizures conditions that can mimic epileptic seizures clinical evaluation of the patient and the latest brain imaging techniques the principles of drug selection and therapy withdrawal an up to date overview of all 15 antiepileptic drugs on the market the non pharmacological options for patients with medically refractory epilepsy including deep brain stimulation special considerations for women elderly people teenagers and people with learning disabilities psychiatric morbidities depression anxiety and psychosis the effects of epilepsy on employment driving life insurance and lifestyle the management of patients with epilepsy is a team effort involving medical and social service professionals and the patient s family friends and co workers primary care providers are at the forefront of care usually performing the initial evaluation after the first seizure making dose adjustments to the patient s drug treatment and providing ongoing support now in its fifth edition this ever popular handbook is a neatly packaged up to date resource for the busy clinician and team to help investigate diagnose and successfully treat children and adults with a wide range of seizure disorders contents epidemiology and prognosis classification of seizures and syndromes diagnosis pharmacological management antiepileptic drugs non pharmacological management

status epilepticus and seizure clusters specific populations quality of life future trends useful resources fractures resulting from osteoporosis are increasingly common in postmenopausal women resulting in substantial bone associated morbidities and increased mortality and healthcare costs despite well established treatment guidelines there is an urgent need to improve the recognition of women at high risk for fracture and their treatment fast facts postmenopausal osteoporosis provides an overview of current clinical guidelines and addresses the reasons cited for suboptimal fracture prevention finally but importantly best practice regarding patient support is described this concise educational resource is ideal for any primary care practitioner involved in the diagnosis and treatment of patients with postmenopausal osteoporosis table of contents age related changes affecting bone epidemiology screening and estimating risk diagnosis and assessment pharmacological management non pharmacological management patient support already established in its first edition as a key text in elderly care this comprehensively revised second edition of essential facts in geriatric medicine is a vital reference for health professionals involved in providing comprehensive care to the older population the book thoroughly explores clinical aspects as well as demographic statistica ìthis is an extraordinarily down to earth and useful rapid review guide for both novice and experienced cliniciansÖmost of all this book is a gold mine for clinicians committed to delivering the best possible care to women with a wide range of characteristics and challenges î from the foreword by joellen w hawkins rn whnp bc phd professor

emeritus boston college connell school of nursing writer in residence simmons college school of nursing and health sciences this step by step guide to the key points of conducting the gyn exam addresses everything a nurse practitioner needs to know from basic procedures through high level challenges the concise and accessible guide discusses strategies to decrease patient anxiety minimize discomfort and navigate such challenging scenarios as working with virginal women premenarchal girls elderly women and sexually abused women it includes difficult to find information on how to locate key organs in obese women and how to handle patients who have undergone female genital mutilation this handy guide also covers diagnostic skills and includes the fast facts in a nutshell summary feature key features provides a comprehensive accessible step by step review of conducting the gyn exam for novice and seasoned nps covers diagnostic procedures including vaginal microscopy how to obtain a vaginal and anal pap smear as well as samples for testing for stis and much more provides tips on how to examine special populations including overweight anxious multiparous pediatric menopausal and elderly patients with skill and confidence the number of people with dementia is expected to quadruple by 2050 because of its high prevalence and level of associated morbidity dementia and alzheimer s disease in particular is already an urgent health and economic issue for the developed world and a rapidly growing threat in developing countries this thoroughly updated second edition of fast facts dementia specifically aims to provide the primary care physician and other members of the healthcare team with the information they need to recognize and evaluate

dementia and to provide optimum management and long term care offers a succinct review of the process of brain aging and its relationship to neurodegenerative disease reviews the cause course and treatment of each of the common illnesses that can provoke the dementia syndrome enables the clinician to recognize the disease and to appreciate the basic principles of investigation and management includes practical steps that the healthcare team can take to improve long term care of patients and perhaps disease prevention contents basic neuroscience the aging brain symptoms signs and course neuropsychiatric complications clinical examination and investigations principles of care and treatment pharmacological treatment epidemiology of the dementing illnesses hypotheses on the causes of alzheimer s disease future treatments useful resources this quick access clinical reference for nurses in adult health settings addresses the most prevalent and complex management challenges in caring for people with dementia the second edition completely updated with the newest guidelines for evidence based person centered care includes two new chapters on the emotional needs of people with dementia and self neglect and elder abuse along with new information on cultural considerations and distinguishing between dementia and delirium quotes from people with dementia are included in this edition to give first person accounts of their experiences fast facts for dementia care second edition delivers specific care strategies for all stages of dementia in a wide range of clinical settings including acute care long term care and home and community settings chapters introduce relatively simple dementia specific interventions nurses

can incorporate into their care plans to prevent or address problems before they escalate using bullet points and concise paragraphs this streamlined resource discusses the issues faced by people with dementia and their care partners and what nurses can do it addresses disease progression assessment and management of pain medications safety concerns communication strategies ethical issues and end of life care new to the second edition completely updated with the newest guidelines for evidence based person centered care of people with dementia new information of cultural considerations including culturally appropriate communication considerations related to treatment goals and more chapters on emotional needs of people with dementia and self neglect and elder abuse key features helps identify and manage conditions associated with mental status including delirium and dementia provides clinical vignettes and quotes of real life situations illustrating successful nursing interventions discusses communication techniques for different stages of dementia describes numerous interventions for addressing issues such as pain safety end of life care and more includes fast facts boxes for quick reference to essential information print coursesmart from cover to cover fast facts for the family medicine board review is designed to help you achieve success on the american board of family medicine exam this easy to use up to date review tool is aligned with the abfm exam providing essential information to help you succeed in every chapter succinct clinical knowledge is structured to allow immediate practice for testing that knowledge a proven format for success on medical board exams and in practice ulcerative colitis and crohn s disease referred to

collectively as inflammatory bowel disease ibd are chronic debilitating disorders ibd particularly crohn s disease is increasing everywhere most notably in the western world where about 1 in 200 people now has the condition this highly readable zippy fifth edition of fast facts inflammatory bowel disease provides succinct yet thorough information that will aid early recognition of these disorders and their complications alongside practical holistic management advice with important emphasis on the doctor patient relationship and effective multidisciplinary services fast facts inflammatory bowel disease is an invaluable resource for all primary care providers hospital doctors in training nurses stoma therapists dieticians psychologists counselors and social workers in fact all health professionals involved in the care of patients with ibd as well as patients who wish to know more about their condition contents etiopathogenesis clinical features and intestinal complications extraintestinal manifestations and complications diagnosis drugs used to treat inflammatory bowel disease principles of management medical management of ulcerative colitis medical management of crohn s disease surgery ibd in pregnancy childhood and old age prognosis a change is coming by 2050 the world s 65 and older population will double and the 85 and older population will mushroom fivefold as the number of older adults surge so too will the number of medication management challenges pharmacists and other health care providers experience for the geriatric population complex cases are often the norm and providing safe and effective care can mean considering assessments of function and cognition contacting multiple prescribers and understanding a

patient's history, beliefs, and care-giving situation before making therapeutic decisions. Fundamentals of Geriatric Pharmacotherapy: An Evidence-Based Approach gives practitioners the information they need to improve outcomes and personalize care for elderly patients. Section 1 explores important foundational concepts such as social and behavioral issues, ethical considerations, biomedical principles of aging, geriatric assessment, and polypharmacy. Section 2 covers common disease states in aging adults, providing evidence-based treatment information as well as helpful tips for minimizing common problems and contending with clinical controversies. Particular attention is given to how treatment can differ along the spectrum of active elderly to frail elderly patients. Useful features throughout the book guide practitioners in navigating the maze of information required when caring for an older patient. These include summarized treatment guidelines, reviews of the evidence base, special focus on recommendations for frail elderly, at least one full case study or more in each chapter, clinical pearls, key points, highlight important information in each chapter, key terms, and definitions. The demands of an aging population mean a greater understanding of geriatric pharmacotherapy will soon be essential for all health care providers. Fundamentals of Geriatric Pharmacotherapy ensures that you'll have the information needed to respond appropriately. In the 7 years since the first edition of Clinical Manual of Geriatric Psychopharmacology was published, dozens of new drugs have been released and older medications have been marketed in different formulations. In addition, research on pharmacokinetics, pharmacodynamics, and mechanism of action potential

interactions and other critical topics has proceeded apace rendering much of the information in existing guides obsolete this new volume is both comprehensive and completely up to date offering information unavailable elsewhere new drugs covered include asenapine paliperidone iloperidone lurasidone desvenlafaxine vilazodone long acting trazodone milnacipran armodafinil extended release valproate rotigotine transdermal tetrabenazine dextromethorphan long acting gabapentin and transdermal buprenorphine each chapter has a standardized format with topics including pharmacokinetics pharmacodynamics and mechanism of action drug interactions clinical use which addresses choice of drug alternative formulations routes pre treatment evaluation dose and dose titration prn use monitoring treatment drug levels managing treatment resistance switching drugs duration of treatment discontinuation and overdose adverse effects and treatment of selected syndromes and disorders dozens of tables boxes and figures organize and present complex material such as practice guidelines in a straightforward manner that is easy to understand and apply and the concise bulleted text facilitates reading and comprehension in the clinical setting specific drug summaries one page summaries of prescribing information for individual drugs provide fast access to critical information in a simple format designed for residents fellows and all clinicians in psychiatry and medicine who diagnose and treat psychiatric and neuropsychiatric conditions affecting geriatric patients this clinical reference can be used across all treatment settings inpatient outpatient day hospital consultation and

nursing home meticulously referenced and grounded in the latest research clinical manual of geriatric psychopharmacology second edition is the definitive guide to psychotropic use in elderly patients clinicians can rely confidently on its up to date coverage and authoritative counsel for family members and loved ones with alzheimer s disease dementia parkinson s or recovering from a stroke finding activities that still work well for them can sometimes be a challenge while reading may have once been a favorite pastime it may be more difficult for someone with alzheimer s that s why picture books are a great option with vivid imagery and a limited word count a person with memory loss may find these styles of books more user friendly and engaging beautiful summer picture book is a great activity for someone with moderate to severe cognitive impairment a short attention span or limited communication skills it has short beautiful facts about the season that are uplifting and comforting with the words in large print format each fact is accompanied by a full page full color stimulating colorful nature photo seniors can look at as many or as few pictures as they want in any order the big bright pictures with weather facts could spark happy memories or help them connect with the world through these familiar objects these books have gotten many positive reviews from memory care professionals doctors and family caregivers fun for family visitors and care staff to enjoy with the elderly beautiful summer can be used anywhere and by anyone families hired caregivers and staff at assisted living facilities can share this book with the older adults they care for it is especially good for visitors who don t know how to relate to someone with dementia it s a relaxing activity they can

enjoy together features bond together connect with a loved one by setting a positive mood a fun relaxing calm and quiet activity especially for afternoon and evening hours comforting the colorful pictures of nature are therapeutic thereby reducing anxiety there is no mention on or inside this book of dementia memory loss or anything that could cause stress or embarrassment large print text each information is written in extra large print a short fact per page minimal text included only in this book are interesting facts plus beautiful pictures easy to hold this book is lightweight with soft cover in 6x9 inches and 40 pages easy to tuck into a bag high quality the quality of this book s cover and its interior design are beautiful with high colored images how to get the most out of this picture book be patient linger on the pages look for facial responses eyes widened smiles thoughtfulness listen for responses laughter any sound a comment if they linger or smile at particular image use that as a cue to ask a simple question like what do you see what thoughts does this picture or fact give you what feelings does this picture or fact give you tell me a story about the picture or fact for more fun activities for seniors that make wonderful gifts click on author name fruma zelig underneath the book title for our full catalogue hypertension is the biggest cause of death and disability in the world yet it remains underdiagnosed undertreated and in many cases poorly controlled as in the previous edition fast facts hypertension advises on accurate measurement of blood pressure and problems such as white coat hypertension routine assessments for people with high blood pressure other modifiable risk factors smoking high cholesterol levels etc non pharmacological measures reducing salt

losing weight increasing physical activity etc rational and effective use of all drug treatments identification of people with secondary hypertension treatment of children pregnant women the elderly and patients with diabetes updates in this new edition include distinguishing between patients with primary low renin and secondary aldosteronism greater use of home bp measurement in clinical decision making the latest thinking on bp treatment thresholds new guidance on fourth line therapy for resistant hypertension sometimes dubbed the silent killer hypertension rarely produces symptoms until it manifests as a heart attack or stroke so early identification of the condition and appropriate management are vital this practical readable refresher for every day use supports better investigation and treatment of high blood pressure by primary care providers and better self management by patients contents the dangers of raised blood pressure causes investigation when to treat how to treat special patient groups uncontrolled hypertension useful resources does a longer life mean a healthier life the number of adults over 65 in the united states is growing but many may not be aware that they are at greater risk from foodborne diseases and their nutritional needs change as they age the iom s food forum held a workshop october 29 30 2009 to discuss food safety and nutrition concerns for older adults not to broach the subject of excess weight with a patient is a dereliction of duty as a healthcare professional say the authors of fast facts obesity patients who smoke are rapidly identified for intervention and the same should be true of anyone who is obese every consultation is an opportunity to educate and encourage patients to pursue better health fast facts

obesity is packed with practical advice on how best to support patients to improve their nutrition and levels of physical activity and change their habits with simple and achievable goals tailored to individual needs and concerns this highly readable handbook also provides a comprehensive overview of the causes and consequences of obesity the latest information on pharmacological and surgical options the issues specific to the management of obesity in children pregnant women and the elderly the authors say the opportunity to educate others and exert influence can be leveraged at many levels even with limited amounts of time reading fast facts obesity is an excellent starting point for any healthcare professional who wants to understand this major threat to human health and ultimately improve outcomes contents patient assessment causes and science cardiometabolic consequences other consequences management diet management physical activity management behavioral therapy pharmacological and surgical treatments children the elderly and pregnant women management tools prevention and advocacy useful resources the health risks of excess weight figure

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